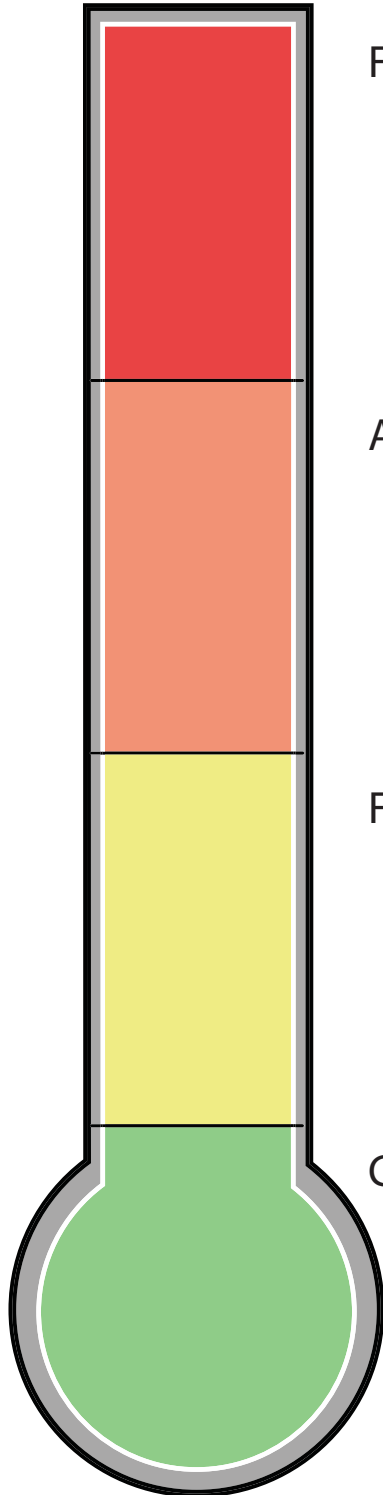


Write 2 things or situations that make you feel each of the emotions listed below.



Furious

- 1. _____
- _____
- 2. _____
- _____

Angry

- 1. _____
- _____
- 2. _____
- _____

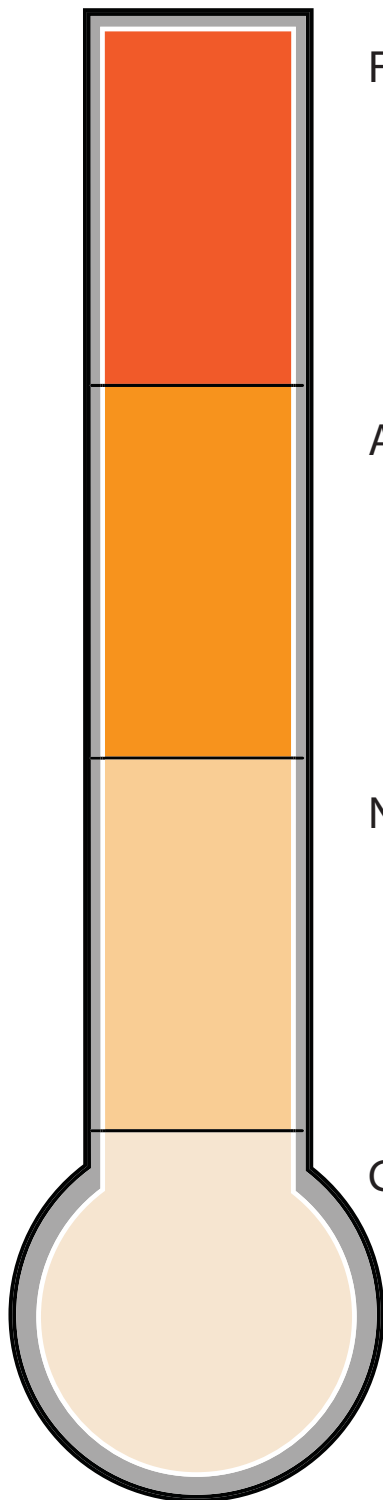
Frustrated

- 1. _____
- _____
- 2. _____
- _____

Calm

- 1. _____
- _____
- 2. _____
- _____

Write 2 things or situations that make you feel each of the emotions listed below.



Frantic

- 1. _____

- 2. _____

Anxious

- 1. _____

- 2. _____

Nervous

- 1. _____

- 2. _____

Calm

- 1. _____

- 2. _____
