Break It Down - Helpful Hints Cue Cards

Assign one person to “act out” a statement, while the rest of the group determines how the speaker really feels by examining: 1) Body language 2) Facial expression 3) Tone of voice.

The instructor should cut cue cards ahead of time and distribute to appropriate “actors.” Only the “actors” should have cue cards.

“Where is Kevin? He should be here by now.”

Angry  Concerned

(Hint: Act as if you are Angry; then Concerned)

“My boss is sending me to the training conference in Durham tomorrow.”

Excited  Disappointed

(Hint: Act as if you are Excited; then Disappointed)

“In History class, we are doing a project on 1960’s Rock and Roll.”

Aggravated  Enthusiastic

(Hint: Act as if you are Aggravated; then Enthusiastic)

“Hey, look at those cafeteria tables.”

Disgusted  Satisfied

(Hint: Act as if you are Disgusted; then Satisfied)
There will be a lot of people at the party tomorrow.

Anxious

(Hint: Act as if you are Anxious; then you choose the second emotion to act)

Lauren was voted ‘Best Artist’ in my school.

(Hint: You choose the emotions to act)